# Newsletter



# Important updates

## Over 1,500 services available to primary care providers through HealthPathways

HealthPathways is a one-stop-shop platform and is already home to hundreds of services designed to help support primary care providers in Middlesex London.

The regional HealthPathways directories from Burlington, Greater Hamilton and Middlesex London have combined listings of over 1500 services, highlighting the wide range of services available.

• Middlesex London: 544 services

Burlington: 441 services

Greater Hamilton: 688 services

### HealthPathways testimonials

One of the biggest challenges in our healthcare system is finding ways to increase awareness of preventative health programs so that physicians can refer their patients early in their journey with chronic diseases. I become involved with the Community HealthPathway development with the goal of helping physicians find these resources and refer their patients to health education and other early interventions offered by allied health professionals that can make a big difference in patients' lives.

Tracy Bonifacio
Respiratory Educator & Registered Respiratory Therapist Burlington
FHT & Caroline FHT

Recently, in a neighbourhood community clinic a patient presented with a complaint of sore feet. Once seen it was clear that the problem was more complex. The patient was not in acute distress and wanted to avoid going to the ER.

The diagnosis of Heart Failure was made and next step was to go to Community Health Pathways and the Ontario West pathway on Heart Failure.

Healthpathways was so useful to review red flags, initiating treatment and planning follow up. The pathways are nicely laid out in a consistent manner, are easily searchable and available for any practicing clinician and provide localized resources for investigations, consultations and other referrals.

I look forward to more pathways being available.

Dr. Mike Pray

My experience has been that it has been intuitive to navigate through the site, not nearly as intimidating to start using as I thought it would be. Very useful to have access to local resources at your fingertips alongside clinical guidance.

Dr. Allison Henderson London InterCommunity Health and South Huron Hospital ER









## Planned Pathways for Phase 2

#### Pain Management

- Chronic Non-Cancer Pain
- Medications in Chronic Pain

#### Gynecology

- Dx Ovarian Cyst
- Postcoital Bleeding
- Bartholin's Cyst or Abscess
- Postmenopausal Bleeding
- Cervical Polyps
- Contraceptive Injection
- Fibroids
- Pelvic Floor Dysfunction and Prolapse
- Progestogen Only Pills (POPs)
- PMS Premenstrual
   Syndrome

#### Older Adults Health

- Falls prevention and assessment
- Frailty in Older Adults
- Older Adults Weight Management
- Elder Abuse and Neglect
- Unexpected or Nonspecific Deterioration in Older Adults

#### Respiratory

- Breathlessness or Anxiety Management Plan
- Complex Long-Term Disorders
- Chronic Cough in Adults
- Hemoptysis
- Sickle Cell Crisis in Adults
- Dyspnea
- Lung Cancer Screening
- Suspected Lung Cancer

#### Cardiology

- Advanced End Stage HF
- Infective Endocarditis Prophylaxis
- Anthirombotic Drugs and Dentistry
- Dyspnoea in Palliative Care
- Cardiac Catheterisation
  Complications
- Prosthetic Heart Valves
- Cardiovascular Medications

#### Diabetes

- Diabetes in Palliative Care
- Diabetes Screening and Diagnosis
- Retinal Screening in Diabetes/Eye Disease in Diabetes
- Kidney Disease in Diabetes
- Insulin for Type 2 Diabetes (Insulin- Starting & Ongoing Management)
- Insulin Pumps
- Diabetes Diagnosis in Children
- Prediabetes

#### Infectious Diseases

- Influenza Immunization
- Influenza
- Measels Child and Youth

#### Dermatology

Cellulitis in Adults

#### Mental Health

- Antidepressants for Older Adults
- Depression in Older Adults
- Medications for Perinatal Depression and Anxiety
- Perinatal Mental Illness
- Trauma-Informed Care

#### Neurodivergence

ADHD in Adults

#### Connect Others

Share this link with your colleagues



For more information or to provide feedback, please contact

Burlington Ontario Health Team: healthpathways@burlingtonoht.ca Greater Hamilton Health Network: healthpathways@ghhn.ca Middlesex London Ontario Health Team: healthpathways@mloht.ca Ontario Health Teams are funded by the Government of Ontario

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